# OSC J.P. FISET INVITATIONAL

**KINSMEN SPORTS CENTRE, EDMONTON**
**December 17 - 20, 2026**

OLYMPIAN SWIM CLUB

**J.P. Fiset: A dedicated OSC volunteer whose commitment outlasted his swimmers' careers**

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**DATES**

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| **Entry Deadline:** | Monday, December 7, 2026 |
| **Scratch Deadline:** | Thursday, December 10, 2026* |
| **Fees Due:** | Thursday, December 17, 2026 – start of session |

*Withdrawals will **not** be refunded after the scratch deadline **except** with a medical note.

**CONTACTS**

| | | |
|---|---|---|
| **Meet Managers:** | Alana Shrubsole-Cockwill | meetmanager@olympianswimclub.com |
| | Erin Riou | |
| | Shelley Zaboroski | |
| **Club Contacts:** | Ehsan Shafaiyanfard | ehsan@olympianswimclub.com |
| | Darian Chan | darian@olympianswimclub.com |
| **Officials' Chair:** | Kristen Demers | officials@olympianswimclub.com |
| **Entries:** | Tammy Niina | entries@olympianswimclub.com |
| **Advisory Referees:** | Sue Buhler (Level 5) | suebuhler1968@gmail.com |
| | Donna Cole | robanddonna@shaw.ca |

**FACILITY**

**Kinsmen Sports Centre, 9100 Walterdale Hill, Edmonton, AB**
Two 8 lane 25m race pools (prelims in two pools, finals in east pool).
Three lane 50m pool warm up/down space (Prelim sessions).
Free parking, but parking is limited.
No buses or motorhomes are allowed in the parking lot.
Day use lockers are available for free.
Food vendor and vending machines on site.

**SANCTION**

Sanctioned by Swim Alberta #66593

**RULES**

The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

**SAFE SPORT**

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

**SWIMWEAR AT COMPETITIONS**

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

**ELIGIBILITY** This meet is open to swimmers currently registered with a Swim Alberta, Swimming Canada or World Aquatic affiliated year-round club. Para swimmers must have a Level 2, Level 3, or International classification on the World Para Swimming or Swimming Canada website.

**QUALIFYING** Swimmers qualify by achieving the meet qualifying time standards. Time standards are listed in this document (see pg. 8) and in the meet file. A swimmer's age is determined as of the first day of the competition. Para swimmers must have achieved a minimum of one of the Provincial Para Swimming Minimum Entry Time (MET) standards within the qualifying period. Time standards are available on www.swimalberta.ca

**ENTRIES** All entries must be submitted through the Swimming Canada online system.
Questions regarding entries can be sent to entries@olympianswimclub.com
A minimum of 300 and a maximum of 750 swimmers will be registered for the meet.

- All athletes must qualify in a minimum of one (1) event with up to four (4) bonus swims*, to a maximum of seven (7) events:
  - 1 QT (Qualifying Time) + 4 bonus entries = 5 Total entries
  - 2 QT + 4 bonus entries = 6 Total entries
  - 3 QT + 4 bonus entries = 7 Total entries
  - 4 or more QT = 7 Total entries
- * Bonus entries are not allowed in the 800Fr and 1500Fr events.
- A maximum of three (3) individual events per day is permitted.
- 800Fr and 1500Fr are limited to 80 entries per event. Swimmers may only swim one of the distance events, either 800Fr or 1500Fr.
- Olympian Swim Club (OSC) swimmers will not be subject to the meet qualifying time standards. OSC swimmers who do not have a meet qualifying time standard will be limited to a maximum of three (3) individual events.
- International swimmers with a minimum of two (2) qualifying times will be allowed seven (7) individual events at the discretion of meet management.

**DECK ENTRIES** Deck entries may be permitted by Meet Management only if the swimmer is already entered in the meet and the entry does not create a new heat. Deck entries will be EXHIBITION and therefore, will not advance to finals.

**ENTRY FEES**

| | |
|---|---|
| **Individual events:** | $20 |
| **Relays:** | $20 |
| **Deck entries:** | $40 |

- Entry fees are payable by cheque to Olympian Swim Club, 108-9100 Walterdale Hill NW, Edmonton, AB T6E 2V3; or by Electronic Funds Transfer (preferred method) to: finance@olympianswimclub.com

**ENTRY RULES**

- Entries must be submitted using the athlete's best Short Course time. Converted times may be used for entry.
- No-time (NT) entries will not be accepted.
- Proof of time reports may be requested by Meet management.
- Unproven times will result in the swimmer's removal from the event.
- Meet Management reserves the right to limit entries and reschedule slower heats.

**SCRATCHES** The Swim Alberta Scratch Rule (see Appendix A) will be in effect for this competition with the following exceptions:

- Scratches prior to the scratch deadline should be emailed to entries@olympianswimclub.com
- Scratches after the scratch deadline must be submitted via the online form. A link/QR code for the online form will be posted on the Olympian Swim Club website, and available on the pool deck.
- For Finals, scratches are due 15 minutes following the conclusion of the preliminary session.

## COMPETITION WARM-UP

Swimming Canada competition warm-up safety procedures will be in effect at this meet. The full details of the Competition Warm-up can be found HERE.

**DIVING** Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.

**FORMAT** All events, except where noted, will be swum by gender.

## AGE CATEGORIES

- Female: 12&U, 13-14, 15&O
- Male: 13&U, 14-15, 16&O
- Relay Events:
  - 4 x 50Fr: 12&U F/13&U M
  - 4 x 200Fr: 13&O F/14&O M
  - 4 x 100 relays (Free and Medley): Open Female/Open Male
  - 4 x 50 Mixed Medley: 14&U/15&O

**PRELIMINARIES** All preliminaries will be swum regardless of the number of entries. Preliminary events will be senior seeded, fast to slow.

**400m SEEDING** The 400 freestyle and 400IM will be seeded fast to slow with the fastest two heats circle seeded, and will be swum alternating gender.

## FINALS

- There will be A-finals for all categories in events 400m and shorter.
- B-finals for 13-14 and 15&O Females and 14-15 and 16&O Males if there are 24 or more entries in each age group and gender at the entry deadline.
- 400m events will have an A-final only.
- Notice of the Finals qualifiers will be posted as soon as possible following the preliminary session.

## FINALS ORDER

- A-final will swim first, followed by the B-final.
- All Female Olympic Events > All Male Olympic Events > Para.
  - Olympic events will be in the following order:
    - Females: 12&U > 13-14 > 15&O
    - Males: 13&U > 14-15 > 16&O

## DISTANCE EVENTS

- The 800 freestyle and 1500 freestyle events are senior seeded, fastest to slowest, time-final, and require positive check-in.
- Positive check-in deadline is due at the **start of warm-up**: December 17 at **3:00 PM**.
- Lap cards will be available for the 400, 800, and 1500 freestyle events. Swimmers are responsible for providing a lap card operator.

## RELAYS

- Each club can enter a limit of **2 scoring teams** per age group per relay event. Meet Management reserves the right to limit relay teams based on projected session timeouts. **Only the top 2 relays from each team will be awarded scores.**
- Relay events are time final.
- Relays will be swum slowest to fastest and alternating genders, **except** for the 4 x 200 Free relay on Thursday.
    - 4 x 200 Free relay will be swum fastest to slowest.
- 4 x 100 relays will be Open, with no distinct age groups. 4 x 50 relays will be seeded by age groups.
- **Thursday relays:**
    - **Name submissions:** Must be submitted **with meet entries**.
    - **Name change deadline: 3:00 PM** (**start of warm-up**) on December 17.
- **Friday – Sunday relays:**
    - **Name submissions:** By the **end of preliminaries** of the day the relay is swum.
    - **Name change deadline: One-hour before the start of the first relay event** regardless of which age or gender the relay is in.

## AWARDS

- Medals will be awarded to the top three swimmers or relay teams in all age categories for each event.
- Bell heat prizes will be awarded in Preliminaries.

## AGE GROUP HIGH POINT AWARDS

- Top Aggregate Female in 12&U and 13-14. Top Aggregate Male in 13&U and 14-15.
- Top World Aquatics Points Award for Female 15&O and Male 16&O.
- In the case of a time, the swimmers' highest World Aquatics point score will be used until the tie is broken.

**TEAM AWARD** Team award for the highest combined point scoring team.

## MEET SCORING

Individual events, per age group and multiclass, places:
1 – 16: 20-17-16-15-14-13-12-11 and 9-7-6-5-4-3-2-1
Relays events, per age group, places 1 – 8: 40-34-32-30-28-26-24-22

## TIME TRIALS

- Must be approved by Meet Management, and will only be held in exceptional circumstances.
- Limited to one (1) event with one (1) swimmer or one (1) relay team.
- No entry fees are permitted for Time Trials.

## OFFICIAL SPLITS

- Must be requested 30 minutes prior to the start of the session.

**PSYCH SHEETS** To be published Tuesday prior to the meet. Changes will not be permitted once published.

**HEAT SHEETS** Coaches will receive heat sheets. They will be distributed as soon as they are printed.

## COACHES

A technical meeting will be held on deck at 7:15 a.m. on Friday, December 18. All clubs must have a coach representative present at the meeting. The location will be announced shortly prior to the meeting.

## ACCREDITATION

- Only accredited participants will be allowed on the pool deck. This includes swimmers, coaches, officials, and approved photographers.
- The Meet Manager room will open at 1:00 p.m., December 17 for accreditation pick-up.

**MEDIA** Club photographers are not permitted.

**PHOTOGRAPHY/VIDEOGRAPHY**

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area. The full details on the Event Photography and Videography Procedure can be found HERE

**TEAMS** Bleachers will be set up on the pool deck. It is expected that teams will keep their area clean and use the provided garbage cans and recycle bins. Team banners are welcome and permitted in designated areas.

**OFFICIALS** Assistance will be required for distance events. If you have a swimmer in this event, you must provide one timer per swimmer. Help throughout the weekend will also be required. Please contact officials@olympianswimclub.com

**HOSPITALITY** OSC prides itself on providing the best hospitality in Western Canada. Meals will be provided for coaches and volunteers before the morning and evening sessions and following the morning session.

## PARA SWIMMING

- Para specific events are listed in the following chart.
- Events with split distances by classification are considered the same event, and will follow the order of the longer event (e.g. 50/100 Fly: 50 Fly S1-S7 will swim during 100 Fly S8-S14). Para points will be combined for a final ranking.

| | | |
|---|---|---|
| 50 Free | S1 - 14 | Heats and Finals |
| 100 Free | S1 - 14 | Heats and Finals |
| 200 Free | S1 - S5, S14 | Time Finals |
| 400 Free | S6 - S13 | |
| 50 Back* | S1 - S5 | Heats and Finals |
| 100 Back | S6 - S14 | |
| 50 Breast* | SB1 - SB3 | Heats and Finals |
| 100 Breast | SB4 - SB14 | |
| 50 Fly* | S1 – S7 | Heats and Finals |
| 100 Fly | S8 – S14 | |
| 150 IM* | SM1 – SM4 | Heats and Finals |
| 200 IM | SM5 – SM14 | |

*Swimmers will race together regardless of distance (50/100 will be combined, as well as the 150/200 IM).

## PARA PRELIMINARIES

- Para swimmers will be seeded with all other swimmers based on their age category and/or entry times; they will not be guaranteed to be seeded with other Para swimmers.

## TIME FINAL PARA EVENTS

- The 200 Freestyle and 400 Freestyle will be a time final Para-specific event and swum during the preliminary session.
- Para swimmers who have achieved the meet standards may choose to enter the respective age group event to be eligible to swim finals.

## PARA FINALS

- Para finals will run as multi-class, meaning all Para swimmers race and are ranked against each other regardless of sport class.
- If an event has **less than 4** Para swimmers **per gender**, the final will run as a mixed gender final.
- If an event has **4 or more** Para swimmers **per gender**, there will be separate Female and Male Para finals, in the following order: Para Female > Para Male.
- Finals will be scored using Swimming Canada's Para Swimming points calculator and they will be contested as indicated by the attached event schedule.

## PARA RELAY – EXHIBITION

- At the discretion of Meet Management, a mixed club 4 x 50 multi-class mixed medley Para exhibition relay will be swum pending the number of full relay teams.
- Coaches must declare participating swimmers by the **end of preliminaries** on **Saturday, December 19**.

## SWIMMING AS OLYMPIC STREAM

- In Para events, Para swimmers may participate as part of the Olympic stream per the meet information package.
    - Olympic stream participation must be declared before the scratch deadline for a given session, and in such a case that swimmer would become an Olympic stream swimmer and no longer eligible for Para finals in that event.
- In non-Para events, Para swimmers automatically participate as part of the Olympic stream per the meet information package.

## PARA AWARDS

- Medals will be awarded for the top three individual Para-specific events and the Para exhibition relay.
- Medals for the 200/400 Freestyle Para will be awarded after the 400 Freestyle is completed (Saturday, December 19).
- An award will be presented to the Top Para Swimmer of any gender based on Swimming Canada's para points in any para specific event. In the case of a tie, the swimmers' next highest World Aquatics or para points score will be used until the tie is broken.

## ORDER OF EVENTS

| Thursday December 17 | |
|---|---|
| | **Finals*** (see description on pg. 8)<br>**Warm-up:** 3:00 PM/**Start:** 4:00 PM<br>**East Pool:** Females/**West Pool:** Males<br>800 Freestyle fastest heat<br>1500 Freestyle fastest heat<br>4 x 50 Free Relay (12&U F/13&U M) - all heats<br>4 x 200 Free Relay (13&O F/14&O M) - all heats<br>Alternate remaining heats of distance events: 1 heat of 800 Freestyle (fastest to slowest), then 1 heat of 1500 Freestyle (fastest to slowest) until all heats of distance are done. |
| **Friday December 18** | |
| **Preliminaries** (East/West Pools by teams)<br>**Warm-up:** 7:30 AM/**Start:** 8:30 AM<br>200 Freestyle (incl. 200 Freestyle Para)<br>50 Butterfly<br>100 Backstroke<br>50 Breaststroke<br>400 IM | **Finals**<br>**Warm-up:** 4:00 PM/**Start:** 5:00 PM<br>200 Freestyle<br>50 Butterfly<br>100 Backstroke<br>50/100 Backstroke Para<br>50 Breaststroke<br>400 IM<br>4 x 100 Medley Relay (Open) |
| **Saturday December 19** | |
| **Preliminaries** (East/West Pools by teams)<br>**Warm-up:** 7:30 AM/**Start:** 8:30 AM<br>200 Backstroke<br>100 Freestyle<br>200 Breaststroke<br>100 Butterfly<br>400 Freestyle (incl. 400 Freestyle Para) | **Finals**<br>**Warm-up:** 4:00 PM/**Start:** 5:00 PM<br>200 Backstroke<br>100 Freestyle<br>100 Freestyle Para<br>200 Breaststroke<br>100 Butterfly<br>50/100 Butterfly Para<br>400 Freestyle<br>4 x 100 Free Relay (Open) |
| **Sunday December 20** | |
| **Preliminaries** (East/West Pools by teams)<br>**Warm-up:** 7:30 AM/**Start:** 8:30 AM<br>200 Butterfly<br>50 Backstroke<br>100 Breaststroke<br>50 Freestyle<br>200 IM | **Finals**<br>Warm-up: **3:00 PM/**Start: **4:00 PM**<br>200 Butterfly<br>50 Backstroke<br>100 Breaststroke<br>50/100 Breaststroke Para<br>50 Freestyle<br>50 Freestyle Para<br>200 IM<br>150/200 IM Para<br>4 x 50 Mixed Medley Relay (14&U/15&O)<br>4 x 50 Multi-class, Mixed Medley Para Relay (EXH) (see pg. 6) |

## *ORDER OF EVENTS – THURSDAY NIGHT

- Females will be swimming in the East pool (under the main scoreboard) while Males will be swimming in the West pool (near the diving tank.)
- The order will remain the same for each pool:
    - The fastest heat for 800 Freestyle starts, followed by the fastest heat for 1500 Freestyle.
    - Relays are next.
    - After relays are done, the second fastest heat for 800 Freestyle swims, followed by the second fastest heat for 1500 Freestyle. This pattern is followed until all the remaining distance heats are done in both the East (Females) and West (Males) pool.

## J.P. FISET TIME STANDARDS

| Female | | | EVENT | | Male | | |
|---|---|---|---|---|---|---|---|
| 12 & U | 13-14 | 15 & O | | | 13 & U | 14-15 | 16 & O |
| 33.0 | 31.0 | 30.6 | 50 Free | SC | 31.1 | 28.5 | 27.2 |
| 33.7 | 31.6 | 31.2 | | LC | 31.7 | 29.1 | 27.8 |
| 1:12.9 | 1:07.5 | 1:05.9 | 100 Free | SC | 1:08.5 | 1:02.4 | 59.2 |
| 1:14.3 | 1:08.9 | 1:07.3 | | LC | 1:09.9 | 1:03.6 | 1:00.4 |
| 2:40.1 | 2:27.0 | 2:22.9 | 200 Free | SC | 2:30.7 | 2:17.7 | 2:10.3 |
| 2:43.3 | 2:30.0 | 2:25.9 | | LC | 2:33.7 | 2:20.4 | 2:13.0 |
| 5:42.8 | 5:15.6 | 5:05.3 | 400 Free | SC | 5:24.2 | 4:58.7 | 4:44.9 |
| 5:49.7 | 5:21.9 | 5:11.5 | | LC | 5:30.7 | 5:04.7 | 4:50.7 |
| 11:40.7 | 10:45.0 | 10:24.0 | 800 Free | SC | 11:17.4 | 10:24.0 | 9:55.2 |
| 11:54.7 | 10:57.9 | 10:36.8 | | LC | 11:30.9 | 10:36.5 | 10:07.3 |
| 22:34.0 | 20:40.0 | 20:20.0 | 1500 Free | SC | 21:40.0 | 19:55.0 | 19:00.0 |
| 22:50.0 | 21:00.0 | 20:00.0 | | LC | 22:00.0 | 20:15.0 | 19:20.0 |
| 38.4 | 35.5 | 34.9 | 50 Back | SC | 36.4 | 33.2 | 31.2 |
| 39.1 | 36.3 | 35.7 | | LC | 37.1 | 33.9 | 31.9 |
| 1:22.9 | 1:16.5 | 1:14.5 | 100 Back | SC | 1:18.5 | 1:11.2 | 1:07.1 |
| 1:24.6 | 1:18.0 | 1:16.0 | | LC | 1:20.0 | 1:12.6 | 1:08.5 |
| 2:59.3 | 2:45.6 | 2:41.3 | 200 Back | SC | 2:50.7 | 2:34.3 | 2:28.0 |
| 3:02.9 | 2:48.9 | 2:44.6 | | LC | 2:54.1 | 2:37.4 | 2:31.0 |
| 43.6 | 40.5 | 38.8 | 50 Breast | SC | 41.1 | 37.3 | 34.5 |
| 44.5 | 41.4 | 39.6 | | LC | 41.9 | 38.1 | 35.2 |
| 1:35.2 | 1:28.4 | 1:25.1 | 100 Breast | SC | 1:29.7 | 1:21.9 | 1:15.5 |
| 1:37.1 | 1:30.2 | 1:26.8 | | LC | 1:31.4 | 1:23.5 | 1:17.1 |
| 3:27.3 | 3:12.5 | 3:05.8 | 200 Breast | SC | 3:15.8 | 3:00.3 | 2:46.9 |
| 3:31.5 | 3:16.4 | 3:09.6 | | LC | 3:19.7 | 3:03.9 | 2:50.3 |
| 36.9 | 34.1 | 32.6 | 50 Fly | SC | 34.7 | 31.4 | 29.2 |
| 37.6 | 34.8 | 33.3 | | LC | 35.4 | 32.0 | 29.8 |
| 1:26.2 | 1:17.7 | 1:12.2 | 100 Fly | SC | 1:19.9 | 1:10.9 | 1:05.1 |
| 1:27.9 | 1:19.3 | 1:13.7 | | LC | 1:21.5 | 1:12.3 | 1:06.5 |
| 3:08.8 | 2:50.3 | 2:38.2 | 200 Fly | SC | 3:00.4 | 2:40.1 | 2:27.0 |
| 3:12.5 | 2:53.7 | 2:41.5 | | LC | 3:04.0 | 2:43.3 | 2:30.0 |
| 3:01.6 | 2:47.7 | 2:43.4 | 200 IM | SC | 2:50.6 | 2:35.6 | 2:29.4 |
| 3:05.2 | 2:51.0 | 2:46.7 | | LC | 2:54.0 | 2:38.7 | 2:32.4 |
| 6:25.8 | 5:56.3 | 5:47.2 | 400 IM | SC | 6:06.5 | 5:34.2 | 5:20.9 |
| 6:33.5 | 6:03.4 | 5:54.3 | | LC | 6:13.8 | 5:40.9 | 5:27.4 |

All time standards are set to the tenth. Swimmers must equal or better the standard to qualify.

For example: 1:50.9 = 1:50.90 (1:50.90 qualifies, 1:50.91 does not qualify)

**Appendix A**

## Swim Alberta Scratch Rule

Background and Link to Swimming Rules
The Swimming Rules of Swimming Canada state that the following needs to be considered:

3.7 SCRATCHES, SUBSTITUTIONS, & DECK ENTRIES (applies to local Provincial Meets)

C3.7.1 Once entered in an event, a swimmer who is not an alternate, may only withdraw or "scratch" from that event without penalty according to rules set down by the Provincial Section or written in the Meet Information package.

C3.7.2 HEATS & FINALS: Scratch Deadlines shall be clearly stated in the Meet Information.
TIME-FINAL EVENTS: For individual events or relays that are Time Finals, the Scratch Deadlines shall be clearly stated in the Meet Information Package.

C3.7.3 PENALTIES: Penalties for failure by a swimmer to scratch from Preliminaries, Finals, or Time Final events shall be clearly stated in the Meet Information Package.

C3.7.4 'NAME CHANGE' DEADLINES: 'Name Change" deadlines for relays should be stated in the Meet Information Package and announced at the Coaches Technical Meeting.

To assist the clubs in Alberta the recommended scratch rules are listed below and shall be the rules applied for all Provincial Competitions. If a swim club wishes to institute a different scratch rule/deadline the rules must be clearly communicated in the Meet information Package.
Swim Alberta does not allow the use of monetary fines in scratch rules.

**SWIM ALBERTA SCRATCH RULE**

**Time Final Competitions**

- Including Masters Provincials and all Summer Swimming Competitions:

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manager after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk.

Scratches for the session's events are to be submitted to the Administration Desk 30 minutes prior to the start of each session.

There shall be no penalty for swimmers who 'no show' or submit a 'late scratch' for their event.

**Heats & Finals Competitions**

- Including Swim Alberta Festivals, Provincial Trials and Provincial Championships

Coaches are requested to submit any known scratches to the meet manager prior to the start of the meet. The meet information package should clearly state the deadline for receiving scratches by the meet manger after the entry deadline. Any scratches that are not received by the published deadline will need to be submitted to the Administration Desk according to the information detailed below:

*Scratch Deadline and Penalties for Preliminaries*:

- Scratches are to be submitted to the Administration Desk 30 minutes after the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the preliminary session can be seeded.
- Late Scratches may be received by the Administration Desk 30 minutes prior to the start of each session. No re-seeding will occur, without the approval of the Referee.
- There will be no penalty for scratching from preliminary events. No-shows, step-downs, and unexcused incomplete swims will have no penalty assessed.

*Scratch Deadline for Time Final Events (including relays):*

- Scratches are to be submitted to the Administration Desk by the start of the previous night's finals, or before 3:00 pm the day prior to the start of the meet, in order that the session can be seeded.
- Late Scratches may be received by the Administration Desk 30 minutes prior to the start of each session in which a Time Final Event is scheduled. No re-seeding will occur, without the approval of the Referee.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining finals, including relays, scheduled for that session.

*Scratch Deadline and Penalties for Time Final Events utilizing Positive Check-in*

- The deadline for Positive Check-in shall be clearly communicated in the meet package and communicated to coaches at the technical meeting.
- Failure to check-in by the deadline will be deemed a scratch and the swimmer will be removed from the event. There is no penalty for swimmers who fail to check-in.
- Once checked–in a swimmer is not entitled to scratch from the event. No-shows, step-downs and unexcused incomplete swims will result in the swimmer being scratched from all remaining events, including relays, scheduled for that day.

*Scratch Deadline and Penalties for Finals:*

- Scratches are to be submitted to the Administration Desk 30 minutes after conclusion of the preliminary session. The conclusion of the preliminary session will be the completion of the final preliminary race of the session. Time final events that run at the end of the session will not be considered part of the preliminary session.
- The Late Scratch Deadline shall be 30 minutes prior to the start of the finals session. However, there shall be no re-seeding to include scratches made after the initial scratch deadline.

- The Late Scratch Deadline only applies if the coach of the late scratch swimmer notifies the Referee and the coach of the alternate. The alternate is under no obligation to swim. Should the alternate decline to swim the coach of the late scratch swimmer must contact the coach of the 2nd alternate.
- Scratches received after the late scratch deadline, no-shows, step-downs and unexcused incomplete swims will result in the swimmer(s) being scratched from all remaining events, including relays, scheduled for that day.
- Although alternates are not required to swim, all swimmers not intending to swim finals should scratch by the scratch deadline. This will ensure that those swimmers, who would be intent on swimming in a final, would be provided the opportunity.

**Deadlines for Relays**

1. **Name Submissions:** The deadline for relay name submissions shall be clearly communicated in the meet information package, in the coaches meeting or in the technical bulletin.

2. **Name Changes:** Name changes will be permitted for extenuating circumstances at the discretion of the Meet Manager or the Meet Management Team (Meet Manager, Meet Referee and/or Swim Alberta) and may be accepted no later than 30 minutes prior to the first relay event based on session timeouts, regardless of which event (age or gender) the team is entered in.